

**Clarke County Prevent Child Abuse Council**

**&**

**CROSS MHDS Region**

will be hosting a

**Connections Matter Presentation**

Thursday, March 12, 2020

9:00-11:30 AM

Osceola Public Library

300 S. Filmore

Osceola, IA 50213

Light refreshments will be provided by the

Clarke County Prevent Child Abuse Council!

Space is limited! To reserve your spot please call or text 641-414-7105

or you can email the council at: [clarkepca@yahoo.com](mailto:clarkepca@yahoo.com)

*Every day connections are more important than we ever believed. Science tells us that relationships have the power to shape our brains. Relationships help us* ***learn better****,* ***work better****,* ***parent better****. When we experience tough times, they help us heal. With each connection, we develop a healthier, stronger community. Everyone has the power to make a connection with someone. Find out how your business can make a* ***connection*** *that helps our community!*

During the presentation you will receive:

* Better understanding of trauma, brain development, resilience, and health - how these topics relate to one another and how understanding them can help your employees, co-workers, and customers
* Action planning and next steps for how you can make a difference
* Strategies for increasing and improving your own connections
* Meeting other community members and building your network
* Tools for strengthening both personal and community resilience

Clarke County

Prevent Child Abuse Council

641-342-3724

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