

# If you or someone you love is experiencing a mental health crisis:



## Call the Access Center!

- We have a 24 hour peer hotline, so you or your loved one can talk to someone who has been through something similar and is trained to help!
- We may be able to help by phone and arrange for your or your loved one's follow up treatment.
- If crisis services are needed, we can dispatch our mobile crisis response team.
  - Mobile crisis response team members will have direct access to mental health professionals.
  - Mobile crisis response team members can provide transportation to the Access Center if deemed necessary (if the patient is not a danger to themselves or others)
- When a call is received, our staff can start the data collection process, streamlining access to care for both the patient.



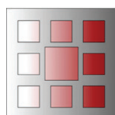
Once at the Access Center, you or your loved one will be assessed to ensure the appropriate level of care is received. We provide 23 hour observation, crisis stabilization, subacute, and sobering services, as well as counseling, psychiatric medication management, and substance use disorder services.



If more intensive care than the Access Center can provide is needed, our staff will complete the necessary lab work, secure placement, and arrange transportation.



Once treatment has been completed, our staff will ensure you or your loved one are aligned with the ongoing services and resources you need for a safe transition back home.



*Community Health Centers  
of Southern Iowa*

an iowa *health+* center

**Community Health Centers of Southern Iowa Access Center**  
219 W. Washington Street, Osceola, IA 50213

**Phone Numbers:**

Peer Hotline: 800-708-5129

Access Center: 641-342-1742